

## **Directions to Central Virginia Training Center (Address is: 521 Colony Road, Madison Heights, VA 24572)**

### **DRIVING DIRECTIONS:**

#### **From Washington, D.C.:**

I-66 West to Rt. 29 South, Lynchburg. Follow Directions for Rt. 29 Southbound. Follow Rt. 29 South, taking care to remain on the main road towards Lynchburg-Danville. Do not exit onto or follow Rt. 29 (Business) South. Exit at Rt. 210 West, Downtown Lynchburg. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

#### **From Richmond:**

I-64 West to Charlottesville, take the exit for Rt. 29 South, Lynchburg. Follow directions for Rt. 29 Southbound. Follow Rt. 29 South, taking care to remain on the main road towards Lynchburg-Danville. Do not exit onto or follow Rt. 29 (Business) South. Exit at Rt. 210 West, Downtown Lynchburg. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

#### **From Petersburg:**

Follow US 1 South to Rt. 226 (Cox Road). Rt. 226 to Rt. 460 West. Follow Rt. 460 West until you see the exit for Rt. 726, Mt. Athos Road. Continue on Rt. 460 West 1 mile past the Mt. Athos Road exit and take the exit to Rt. 29 North. Cross the James River on the Monacan Bridge and take the exit for Rt. 210 West. Follow Rt. 210 West to first traffic light, turn left onto Rt. 334 South (Colony Road) and proceed straight onto campus.

#### **From Northern Shenandoah Valley:**

I-81 South to I-64 East at Staunton. Take I-64 East to Exit 99 (Rt. 250 Afton/Waynesboro). Bear right on ramp at blinker light onto Rt. 250 (Afton). Follow Rt. 250 to the bottom of hill. Turn right on Rt. 151. Proceed 10 miles and turn left on Rt. 6 towards Rt. 29. Turn right onto Rt. 29 South towards Lynchburg.

Follow directions for Rt. 29 Southbound. Follow Rt. 29 South, taking care to remain on the main road towards Lynchburg-Danville. Do not exit onto or follow Rt. 29 (Business) South. Exit at Rt. 210 West, Downtown Lynchburg. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

### **From Central North Carolina and Danville, VA:**

Take Rt. 29 North past the Lynchburg Airport to Rt. 460 East, Appomattox. Do not continue North on Rt. 29 (Business). Proceed East on Rt. 460 to Rt. 29 North. Once you cross the James River on the Monacan Bridge on Rt. 29, take the first exit, Rt. 210 West. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

### **From Tennessee, Western North Carolina and Southwestern Virginia:**

Follow I-81 North to the I-581 South/220 South Exit. Merge onto I-581 South. Exit at Rt. 460 East - Orange Avenue. Follow Rt. 460 East to Lynchburg and continue past the exits for Rt. 29 Business North and Liberty University. Exit onto Rt. 29 North. Once you cross the James River on the Monacan Bridge on Rt. 29 North, take the first exit, Rt. 210 West. Turn left at the first light onto Rt. 334 South (Colony Road). Follow Rt. 334 directly onto the CVTC grounds.

