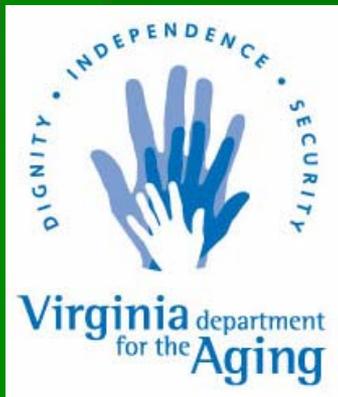


HHR Subcommittee

of

Senate Finance Committee



Presentation by:

Linda Nablo, Commissioner

VA Department for the Aging

August 20, 2008

Presentation Agenda

VDA & the AAAs
(Services, Funding and Needs)

Update on No Wrong Door

Planning for the Future

Mission

The Virginia Department for the Aging fosters the independence and well-being of older Virginians and supports their caregivers through leadership, advocacy and oversight of state and community programs, and guides the Commonwealth in preparing for an aging population.

Virginia Department for the Aging
&
Area Agencies on Aging

Area Agencies on Aging (AAAs)

- VDA contracts with 25 AAAs and 40+ other contractors to provide services supported by state and federal funds
- AAAs are designated by VDA in cooperation with local governments
- They differ in governance structure, sources and amount of funding and services provided
- Funding comes from Older Americans Act, State General Fund, local governments, private grants, voluntary contributions, and fees

VDA / AAA Relationship

- AAAs must comply with state regulations and meet VDA service standards
- VDA conducts fiscal & program monitoring
- AAAs answer to a Board and/or local gov't
- VDA & AAAs work collaboratively to develop new initiatives in aging services

Variety of AAA Services

- Information & Assistance
- Nutrition services
- Transportation
- Case management
- Insurance counseling
- Socialization, education and recreation programs
- Disease prevention and health promotion
- Personal care services
- Residential repair & renovation
- Adult day care
- Legal assistance
- Homemaker services
- Employment & volunteer programs
- Housing / Assisted Living
- PACE

FY 2007 Services

- ✓ 2,528,322 meals delivered to homes
- ✓ 877,793 meals served in congregate settings
- ✓ 496,954 one way trips were provided
- ✓ 168,439 hours of adult day care provided
- ✓ 143,751 hours of homemaker services
- ✓ 138,269 hours of personal care services delivered

Documented Unmet Need*

Service	Units January '08	Units Annualized
Adult Day Care	6,767 hours	81,204 hours
Home Delivered Meals	119,259 meals	1,431,108 meals
Homemaker Services	42,786 hours	513,432 hours
Personal Care	27,636 hours	331,632 hours
Residential Repair	677 homes	8,124 homes
Transportation one-way trips	11,086 trips	133,032 trips

*Underreported because needs are not documented unless service is offered

VDA/AAA Funding

- \$50,605,624 - VDA total (FY09 Appropriations Act)
- 55% Federal OAA; 37% State GF; 8% grants, tax check off, etc.
- 82% (\$41.5m) flows to AAAs (through contracts for Area Plans)
- 12% (\$6.3m) to other contracts
- 6% (\$2.8m) administration
- Funding not keeping pace with growth
- Increased fuel costs have had a significant impact on senior services

Other Programs Administered by VDA

- ✓ Public Guardianship & Conservator program
- ✓ VICAP (Insurance counseling for Medicare recipients)
- ✓ LTC Ombudsman – through contract with V4A
- ✓ Project 2025 - to expand legal services for older adults
- ✓ *GrandDriver* & *GrandTrans* to assist older drivers
- ✓ Sr. Farmers Market, Fan Care & more

VDA Contractors

**25 Agencies on Aging
Array of Services**

**18 Agencies on Aging
Care Coordination for Elderly Virginians**

**14 Respite Care Initiative
Programs**

**9 Title V
Community Services Employment Programs**

**22 Virginia Insurance Counseling
and Assistance Programs**

**Virginia Association of Area Agencies on Aging
State Ombudsman**

**16 Guardianship
Programs**

**6 Virginia Respite Care Grant Program
Grants**

**7 Alzheimer's Disease Demonstration
Grants**

**15 Transportation Services for the Elderly Fund
Transportation Services**

**Oxbow Corporation
Adult Day Care**

**Norfolk Senior Center
Array of Services**

**Korean Cultural & Senior Center
Array of Services**

**Jewish Family Service of Tidewater
Array of Services**

**Mountain Empire Older Citizens, Inc.
Companion Care and Pharmacy Connect**

**MEOC & Junction Ctr for Independent Living, Inc.
Adult Day Care**

**SeniorNavigator
Health and Aging Information**

**Bay Aging
Unmet Needs and Adult Day Break Services**

**Rappahannock-Rapidan Comm. Svcs Brd & AAA
Aging Together Partnership**

**Central Virginia Area Agency on Aging, Inc.
Bedford Ride**

No Wrong Door

Update

No Wrong Door

- An initiative by the Commonwealth to make long-term care services more easily accessible for seniors and adults with disabilities
- Designed to improve individual experience and provider efficiency in the provision of long term care services by:
 - Creating a Single Point of Entry
 - Enhancing collaboration & planning among service providers at local level
 - Allow for electronic sharing of client data

No Wrong Door

- Currently operating in 6 AAAs
- Being expanded to 4 additional AAAs in 2008 that serve a total of 67 localities
- Local advisory councils formed to coordinate and plan services
- Electronic tools allow providers to better manage cases and to exchange data electronically on shared clients

Implementation Sites

2006 Implementation Sites

[Peninsula Agency on Aging](#) – James City, York, and cities of Newport News, Hampton, Williamsburg, and Poquoson

[Valley Programs for Aging Services](#) – Augusta, Bath, Highland, Rockbridge, Rockingham, and cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro

[Senior Connections, Capital Area Agency on Aging](#) – Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, Powhatan, and city of Richmond

2007 Implementation Sites

[Bay Aging](#) – Westmoreland, Northumberland, Richmond, Lancaster, Essex, Middlesex, Mathews, King & Queen, King William, and Gloucester

[Mountain Empire Older Citizens](#) – Lee, Wise, Scott, and city of Norton

[Rappahannock Rapidan Community Services Board/Area Agency on Aging](#) – Orange, Madison, Culpeper, Rappahannock, and Fauquier

Implementation Sites

2008 Implementation Sites

LOA Area Agency on Aging, Inc. – Alleghany, Botetourt, Craig, Roanoke, and cities of Covington, Roanoke, and Salem

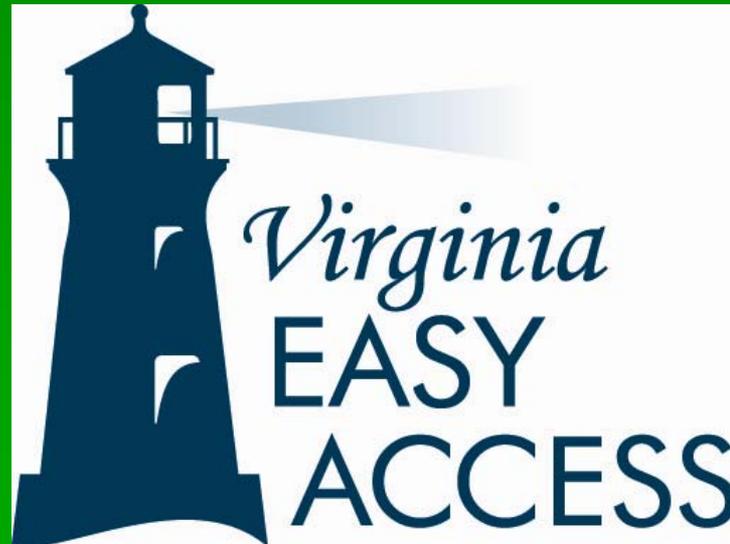
Senior Services of Southeastern Virginia - Isle of Wight, Southampton, and cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk and Virginia Beach

Shenandoah Area Agency on Aging - Clarke, Frederick, Page, Shenandoah, Warren and the city of Winchester

Prince William Area Agency on Aging - Prince William and cities of Manassas and Manassas Park

Latest NWD Addition

New website Virginia Easy Access gives seniors, adults with disabilities and their families an easy way to get information and search for services



www.easyaccess.virginia.gov

Virginia *Easy Access*

- Content developed by subject matter experts
- Website designed to be consumer friendly for seniors and those with disabilities
- Integrated with “Virginia Navigator” provider database
- E-mail link to 211 Virginia 24/7
- On-line Medicaid Application coming soon
- NWD providers can access NWD tools through this portal as well



Home

Text Size: Enter Keyword

- Community Supports
- Emergency Preparedness
- Financial Help
- Housing
- My Rights: Who Can Help?
- Transportation
- Related Links
- About Easy Access
- Contact Us
- Home

Welcome to

Virginia Easy Access

For seniors and adults with disabilities and the providers that support them

A public private partnership with the Commonwealth of Virginia, SeniorNavigator, and 2-1-1 Virginia

Your secure and confidential connection to community resources.

FIND SERVICES AND SUPPORT
THROUGH VIRGINIANAVIGATOR

More Questions?
Get Help by Email or phone



MEMBER
PROVIDER
ACCESS

Aging & Disability Resource Centers

ADRC

- Federal initiative through both AoA & CMS
- Purpose is to streamline access to LTC
 - Create Single Entry Points in communities to provide better information, assistance and access
- Synonymous with No Wrong Door in Virginia
- 2008 Appropriations Act designates AAAs as the lead agency in each area for No Wrong Door (ADRC)
- AoA funding has shifted to other priorities - VDA has applied for CMS ADRC grant

Planning For The Future



It's Not Just the Numbers

Baby Boomers are:

- Better educated, more professional retirees
- Many will work well past traditional retirement age
- Higher rates of divorce & lower rates of marriage
- Fewer children and families living far apart
- More diverse in terms of ethnicity and resources
- Better health and likely to live longer – but also fatter than our parents
- Probably more active, more demanding and interested in making a contribution

Individuals Need to Prepare

- ✓ **Finances** – high debt level, insufficient retirement accounts, future of SS?
- ✓ **Health** – healthy diet & lifestyle, regular exercise and preventive health care
- ✓ **Housing** – most want to remain in home – may need universal design features
- ✓ **Long-Term Care** – Medicare does not pay for LTC; fewer family caregivers will be available

Communities Need To Prepare

- Older population will impact all aspects of community life: economic – physical – social
- Not all communities will age in the same way
- Need to be planning now
- Models are emerging:
 - “Livable Communities”
 - “Age Friendly Communities”
 - Charlottesville 2020 project
 - Fairfax 50+
 - Culpepper area “Aging Together”



Virginia Needs to Prepare

- “Own Your Future” Campaign
- Medicaid
 - rebalance system – more community LTC
 - Integration of Acute & Long Term Care
- VDA – “No Wrong Door”
- HB 2426 – Report on Impact on State Agencies
- Older Dominion Project
- Development of Governor’s Strategic Initiatives to prepare Virginia for the Age Wave



THANK YOU

