



Virginia Association Of
Community Services Boards, Inc.
— *Making a Difference Together* —

*Premier Mental Health,
Mental Retardation,
and Substance Abuse
Services in Virginia's
Communities*

Dividends from Community Services

January 26, 2009

Senate Finance HHR
Subcommittee

Current Status

- In FY 2008, CSBs served 190,125 individuals (unduplicated), an increase from FY 2007 of over 5000 individuals
- The average per person cost is slightly over \$5000 per person
- For many of the individuals, services are highly intensive and life-long
- For others, a single intensive intervention with limited follow-up may be needed

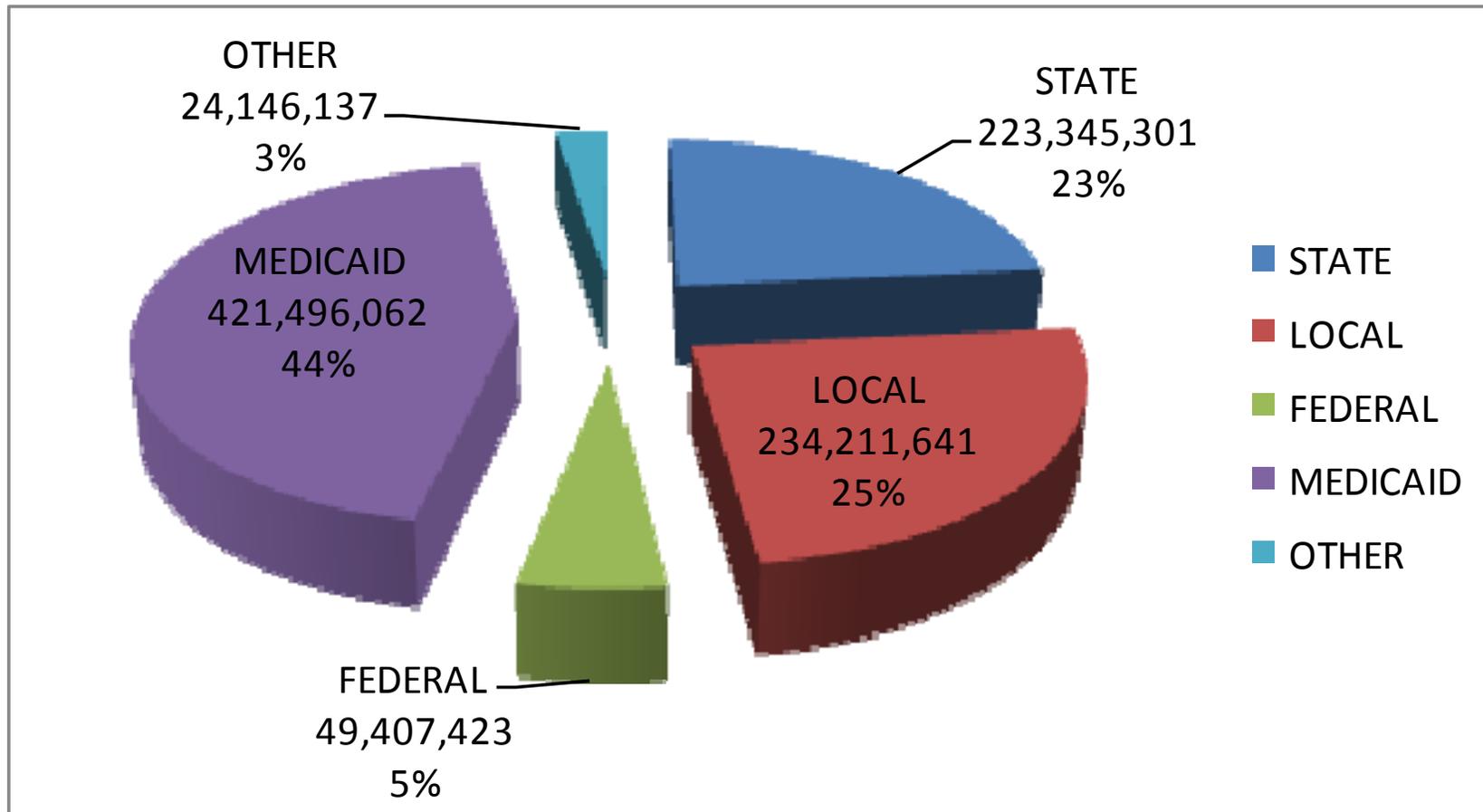


Current Status

- Community services, through CSBs and private networks, enabled Virginia to downsize state hospitals and training centers in significant numbers, saving taxpayer \$\$\$
- The vast majority of individuals in communities constitute “success stories” thanks to **your policy and funding decisions. Thank you!**



Policy and Funding-FY 08



Funding Challenges

- Medicaid funding has become the **underpinning of** the CSB/BHA community system
- Local CSB funds have decreased substantially as a result of the economy
- Ten CSBs have largest proportions of local funds, leaving 30 CSB/BHAs with extremely heavy reliance upon Medicaid funds, up to 85% of their budgets
- The 10 CSBs with reduced local funding will be more reliant upon Medicaid funding as a result
- Community services rely upon multiple funding streams, all of which have been impacted



Why MH/SA Medicaid is Critical

- State Option Rehab and TCM services and subsequent capacity constitute the major reasons why state hospitals have been able to **downsize**
- These services and reinvestment funding constitute why CSB/BHAs have been able to **divert** individuals from state and private facilities
- Growth of these services has contained overall General Fund budget expenditures



Why MR Medicaid/Waiver Critical

- Past budget conversions resulted in those with intellectual disabilities depending on the MR Waiver for direct services, although many are not eligible for the MR Waiver and live with families, having no or few supports
- Many individuals (living with older parents) on the Urgent Care Wait list have disabilities as, if not more, severe than individuals in state training centers



Budget Challenges

- \$12.4M in reductions for CSBs, who have tried to avoid loss of functionality in critical services
- Medicaid rate reduction in congregate care at a time when state training centers are downsizing/closing
- Capping individual Waiver costs and slots
- Efficiency attempts may impact timing of critical mental health services when closures of children units are proposed



As of Today

- The CSB safety net is far more fragile statewide as a result of current local and state reductions
- Seven regional projects that divert adults from state hospitals and facilitate community services and bed purchases have deficits in LIPOS (Local Inpatient Purchase of Service) funding that will result in pressure on state facilities and private hospitals, and exacerbate the inpatient bed situation overall



As of Today

- Part C/Infant programs have seen high growth and many local systems are in deficit this year. Reductions or eliminations in services will result
- Critical community MR Waiver slots continue to be needed
- CSBs in Tidewater have developed a plan to close SEVTC within a realistic time frame
- A small number of youth must have secure services as close to home as possible and crisis stabilization for youth is needed right now



And So..

- CSB/BHAs are committed to the hard work needed to develop efficient, expanded and highly specialized community services
- Private partners are needed more than ever
- With increased demand for services, the safety net cannot become even more fragile



Your Decisions

- We trust you to use federal stimulus dollars to restore Medicaid support for services
- We trust that you will do your best to preserve existing safety net services for those not eligible for Medicaid
- Virginia's children, their families, and adults with MI, ID, and SUD depend upon your decisions



Thank You!

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