



DARS

VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

*Supporting Virginians' efforts
to secure independence and employment*



Senate Finance—HHR Subcommittee

Commissioner Jim Rothrock

October 24, 2013



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AND REHABILITATIVE SERVICES

Department for Aging and Rehabilitative Services



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DARS Mission Statement

The Department for Aging and Rehabilitative Services, in collaboration with community partners, provides and advocates for resources and services to improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families.





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Vocational Rehabilitation

- \$65m NGF / \$10 m GF
- 25,000 number served in typical year
- 4000 goal reaching job success in 14 in competitive, community based careers
- 5158 have come off the waiting list in FFY 2013
- 1070 people on waiting list now and the number grows, but we are fortunate that our “most significantly disabled” consumer category is and will likely continue to remain “open”

WWRC

- \$21m NGF / \$6m GF
- 3000 served per year with daily census of 300
- 74% rehab/success rate for those completing training—have developed a workforce driven curriculum





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Disability Determination Services

- \$49m NGF / \$1.2m GF (from Social Security Administration)
- 97,500+-applications process per year
- 35% approved on initial review

CBS

- \$12m+ GF / \$1.83m NGF combined across 4 programs
- 15,000 Virginians with disabilities participating in CILs, Brain Injury, Personal Assistance Services, Case Management



Community Based Services

Programs and services designed to improve the independence and quality of life of Virginians with the most severe physical disabilities.

Brain Injury

- DARS awards \$3,991,466 to 10 brain injury organizations operating 13 programs across the Commonwealth.
- These state-funded programs provided direct services to an estimated 4100 individuals, as well as approximately 20,000 who attended or were reached by public awareness/ outreach and educational training events in FY13.
- The brain injury programs report a waiting list of 418 individuals.



Community Based Services (cont.)

Independent Living

- The DARS Independent Living Program grants \$5,587,672 to Centers for Independent Living; VA has more GF in the IL network than most states.
- The 15 CILs and 4 satellite CILs served 10,050 individuals with disabilities in FY 13. Peer counseling, Advocacy, and IL training are core services along with nursing home transition.
- The 4 satellite areas are defined as underserved: New River Valley, Petersburg, Loudon County, and the Middle Peninsula area.
- The following areas are unserved: Amelia, Brunswick, Buckingham, Charlotte, Culpeper, Cumberland, Dinwiddie, Floyd, Giles, Gloucester, Greensville, Halifax, King and Queen, Lancaster, Loudoun, Lunenburg, Madison, Mathews, Mecklenburg, Middlesex, Montgomery, Nottoway, Northumberland, Orange, Prince Edward, Prince George, Pulaski, Rappahannock, Richmond, Surry, Sussex, and Westmoreland counties.





Community Rehabilitation Case Management Services

- The Long Term Case Management program receives \$497,491 in state funds.
- Eight case managers provide services to 150 individuals who have very significant physical and sensory disabilities and their families. They also provided technical assistance to an additional 511 individuals and their families.
- There is a current wait list of 82 individuals across the Commonwealth. There is no case manager position in Northern Virginia. That area is currently unserved.





Personal Assistance Services

- The Personal Assistance Services (PAS) program is funded at \$2,367,327 for FY 14—all GF.
- PAS serves 108 individuals who have the most severe disabilities and who require assistance from another person to perform non-medical activities of daily living. These are individuals who are not eligible for any comparable benefits, such as Medicaid waiver.
- Average amount per person is \$20k vs. much costlier institutional setting—a unique cost effective program.
- There are 20 individuals on the wait/application list.





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Virginia Division for the Aging

- \$38m NGF / \$17m GF (guided by *Older Americans Act*)
- 25 Area Agencies on Aging (19 private non profits/6 local government) who provide critical services for aging in place:
 - 3,158,440 meals provided
 - 539,569 trips provided



18 Triple A's receive \$1.5+ GF million for:

Service Coordination Level 1

- Provide service coordination to individuals 60+ with 1 ADL and in need of mobility assistance or who have cognitive impairments.
- 9 AAAs will serve 331 individuals for \$342,474 or 23% of the funding.

Service Coordination Level 2

- Provide service coordination to individuals 60+ with 2 ADLs.
- 8 AAAs will serve 1,350 individuals for \$701,144 or 46% of the funding.

Senior Outreach to Services (S.O.S.)

- Provide mobile, brief intervention linking seniors to supports and services.
- 4 AAAs will serve 1,623 individuals for \$307,531 or 20% of the funding.

Options Counseling

- Person-centered, interactive, decision-supported, long-term support choices in the context of the individual's preferences, strengths, and values.
- 6 AAAs will serve 122 individuals for \$149,250 or 10% of the funding.

Care Transition

- Temporary seed money to pilot Care Transition programs.
- 2 AAAs will serve 36 individuals for \$17,224 or 1% of the funding.



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State Long-term Care Ombudsman—migrated to DARS July 1, 2012

- \$1.15M NGF / \$372k GF / \$543k Local (nursing home assistance & advocacy)
- 32 Ombudsmen around the state (2 positions at DARS)
- 2300 investigations / 1583 closed / 15,375 consultations to individuals and nursing homes

Adult Services—migrated from DSS to DARS July 1, 2013

- \$1.1m GF and 9 FTEs supporting APS, Auxiliary Grant and other Adult Services provided by the 120 local DSS Offices across the state
- 5770 recipients of the Auxiliary Grant—each receive on average \$485 per month

DARS Budget: \$195m NGF / \$52m GF \$247m





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Emerging Issues and Innovations at DARS

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National Governors Association— “A Better Bottom Line”

Cited VA innovations NGA report:

- LTESS--\$5.2m in GF; serving 2307 through “job coaching” with avg. wage of \$9.17/hr.
- Project SEARCH—13 sites for youngsters in hospital settings; employment rate at approximately 77%.
- 8 Employment Services Organizations as SWAM vendors (SB523--Hanger).
- EO 55 signed by Governor McDonnell to promote public and private sector hiring of Virginians with disabilities
- ***Return on Investment*** Research with U of R and UVA and increased use of data for planning and quality improvement





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Preparing for the *Age Wave*

Number of *Vintage* Virginians doubling to more than 2m over 65 years old by 2030

DARS supporting:

- Care Transitions—decrease hospital readmissions—VHRI Grant Proposal hopefully to expand Triple A pilots
- Respite for care givers—just completed successful federal grant
- Chronic Disease Self Management
- No Wrong Door / ADRC—easier access to age in place
- DMAS collaboration on *Duals* in VICAP and Ombudsman





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Guardianship

As our society ages, more adults become incapacitated and benefit from court appointed public guardians. DARS in concert with DBHDS serve 601 individuals and our wait list is at 580 known citizens in need and more than 1000 projected to benefit from this. As DOJ transition advances, this may be a critical link to success.





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Auxiliary Grant

We are answering preliminary questions posed by the Office of Civil Rights / Department of Health & Human Services regarding the alleged unlawful discriminatory based on disability within the program.

