

Virginia Coordinated Care for the Uninsured (VCC) Program

Presentation to the Senate Finance Committee's Subcommittee on Health and Human Resources

January 27, 2014

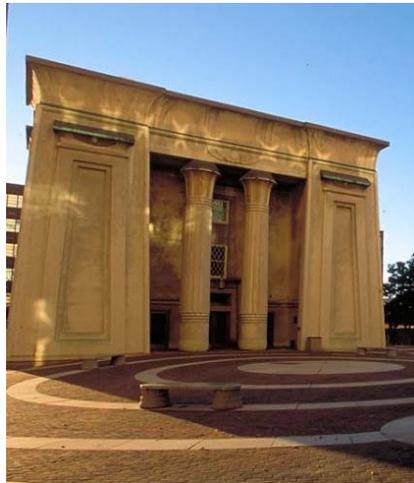
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VCU Health System



THE VCU MEDICAL CENTER



VCU HEALTH SCIENCE SCHOOLS

- Allied Health Professions
- Dentistry
- Medicine
- Nursing
- Pharmacy

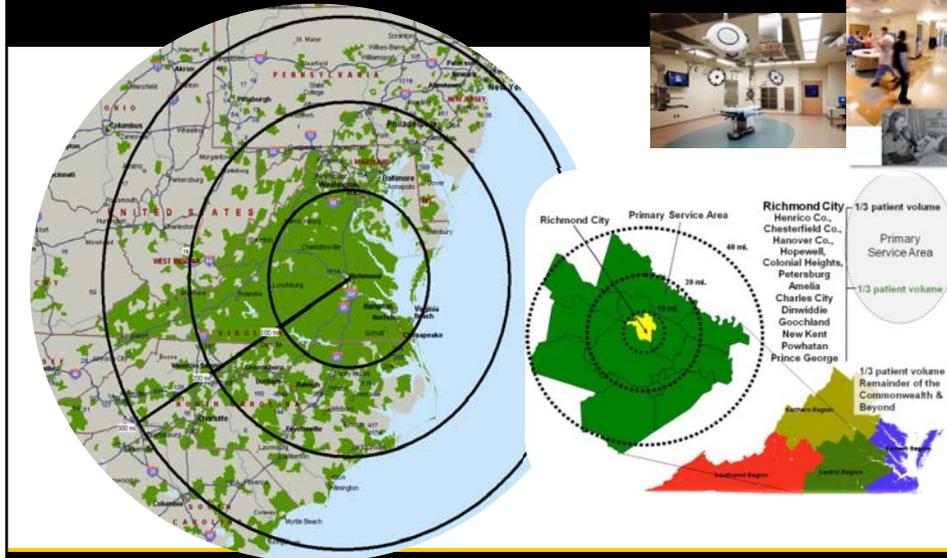
VCU HEALTH SYSTEM

- MCV Hospitals
- Children's Hospital of Richmond
- MCV Physicians
- Virginia Premier Health Plan

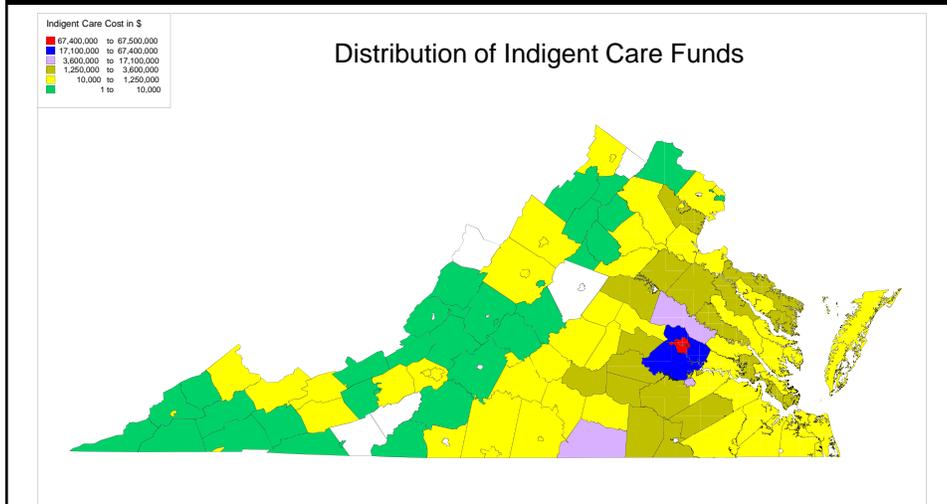
More than 15 affiliated centers and institutes, including the VCU Massey Cancer Center, Virginia's first NCI-designated cancer center



VCU Health System is a Major Regional Referral Center for Virginia and the mid-Atlantic



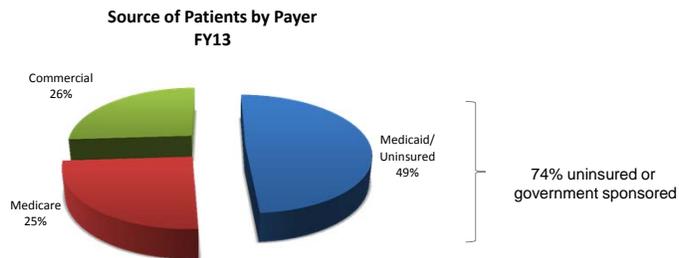
VCUHS is the largest Safety Net Provider in the Commonwealth



Distribution of Indigent Care Funds

Strategy needed to manage the care of the uninsured

- High volume (over 60%) of Emergency Department visits for the uninsured were for primary care treatable conditions
- Need to control the cost of care for the population
- “Social Determinants of Health” impacting health outcomes
- Disproportionate percentage of vulnerable patients served



Virginia Coordinated Care for the Uninsured (VCC)

- Established in the Fall of 2000
- Vision: utilize managed care principles to coordinate health care services for a subset of the patients who qualify for the VCUHS Indigent Care program
- Target population: uninsured in the Greater Richmond and Tri-Cities areas



Program Goals

- Establish medical homes with community-based primary care providers
- Improve the health of the uninsured population
- Enhance the patient care experience
- Reduce the per capita cost of care delivered



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VCC Enrollment Criteria

- Patients who qualify for the VCUHS Indigent Care program
 - At or below 200% FPL
 - U.S. Citizen
 - Reside in Virginia
 - Asset test
- Additional criteria
 - Live within the VCUHS Primary Service Area
 - Uninsured



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Program Model

- Virginia Premier Health Plan serves as the program's Third Party Administrator
- VCUHS Financial Counseling staff conduct financial screening
- VCC Care Coordination staff conduct health assessments to determine level of interventions needed
- Patients are enrolled for a 12-month period
- Community-based private practices and safety net providers provide medical homes

Virginia Coordinated Care (VCC)
A program for uninsured patients of the VCU Medical Center
The VCC Program IS NOT medical insurance

EFFECTIVE: 01/07/2013
TERM: 01/06/2014

11/21/8973 F ID

PLAN: VCC-NC PLAN A 3050
See reverse for maximum allowable charges

To Our VCC Patients:

- If medical assistance is needed, always call your primary care physician (PCP) identified on the front of this card.
- Do not visit the emergency room for routine or non-emergent care.
- Your reduced rate only applies to visits with your PCP, or doctor and hospital visits at the VCU Medical Center.
- If you have questions, call Member Services Monday-Friday 8:00am-5:00pm at 804-819-5151 (option 1) or 1-800-229-4570.

PLAN	PCP	SPEC	Rx*	TOTAL%
A	\$0	\$0	\$4	0%
B	\$5	\$10	5%	5%
C	\$5	\$10	20%	20%
D	\$5	\$10	45%	45%
E	\$5	\$10	70%	70%

*You must present a valid Virginia photo ID to pick up certain prescriptions



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Program Model

- Primary care provider reimbursement
 - 110% of Medicaid rates + \$5.00 PMPM Care Management Payment (private practices only)
 - Funding provided from **VCUHS operating margin** (no DSH)
- Indigent Care funding is used to cover inpatient, outpatient, and Emergency Department services provided at VCUHS
- VCC Care Coordination staff provide case management and patient navigation support
 - Nurse case managers, Social Workers, and Outreach Workers

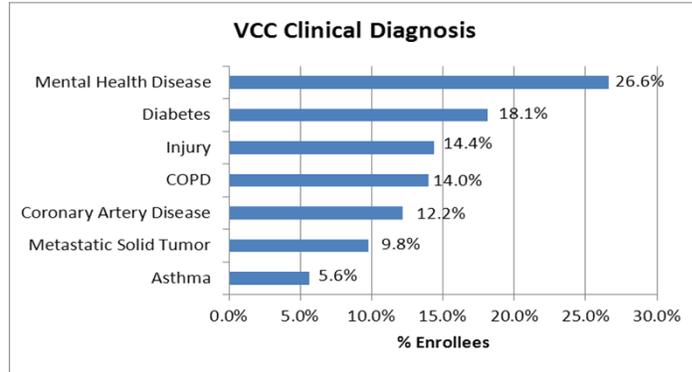


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VCC Population

- Over 80% of the population is below 133% FPL
- Approximately 70% of the patients are minorities
- 52% are females; 59% are between 40-64

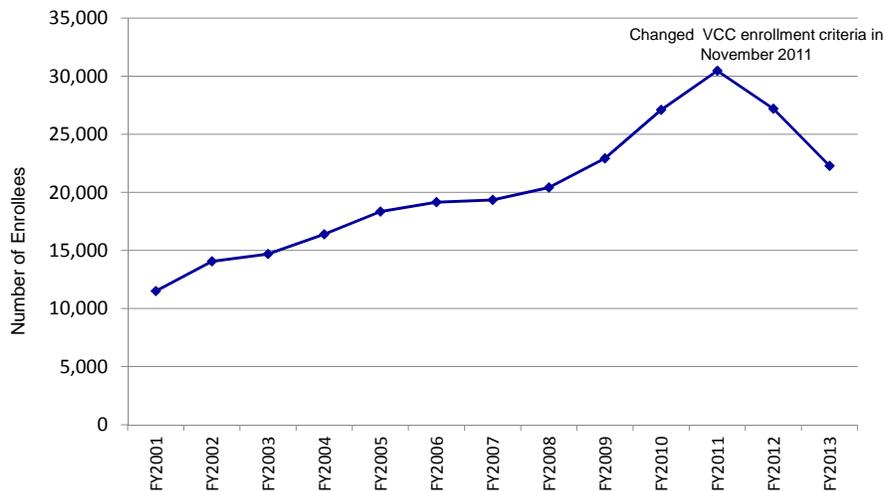


*Conditions represent primary and secondary diagnoses from MCV Hospital, MCV Physician, and VCC Claims. Prevalence rates presented for each condition and do not add to 100%



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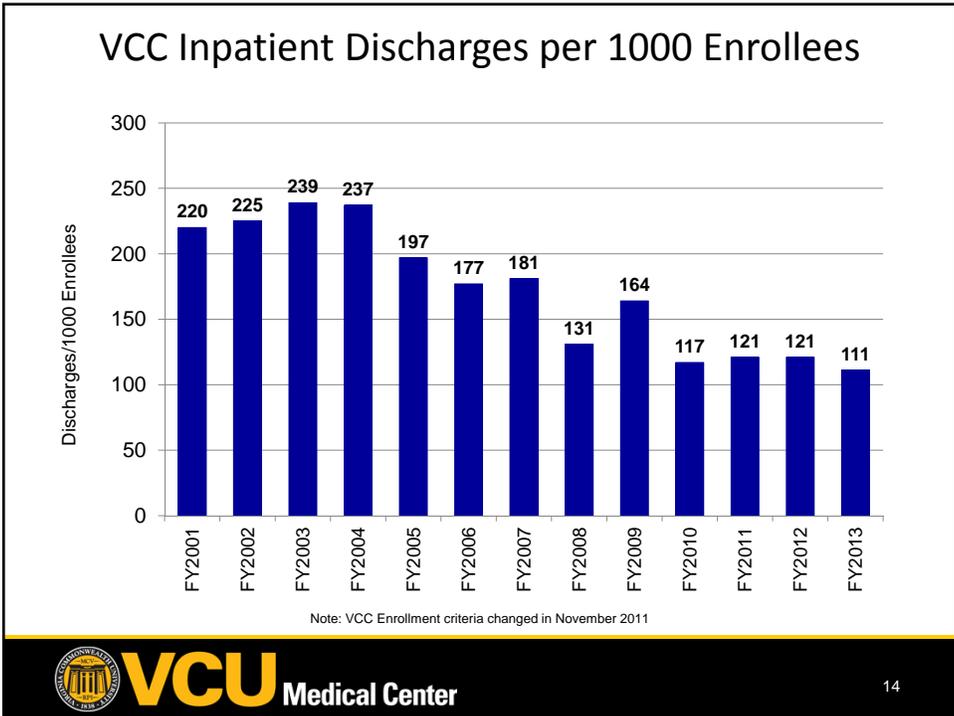
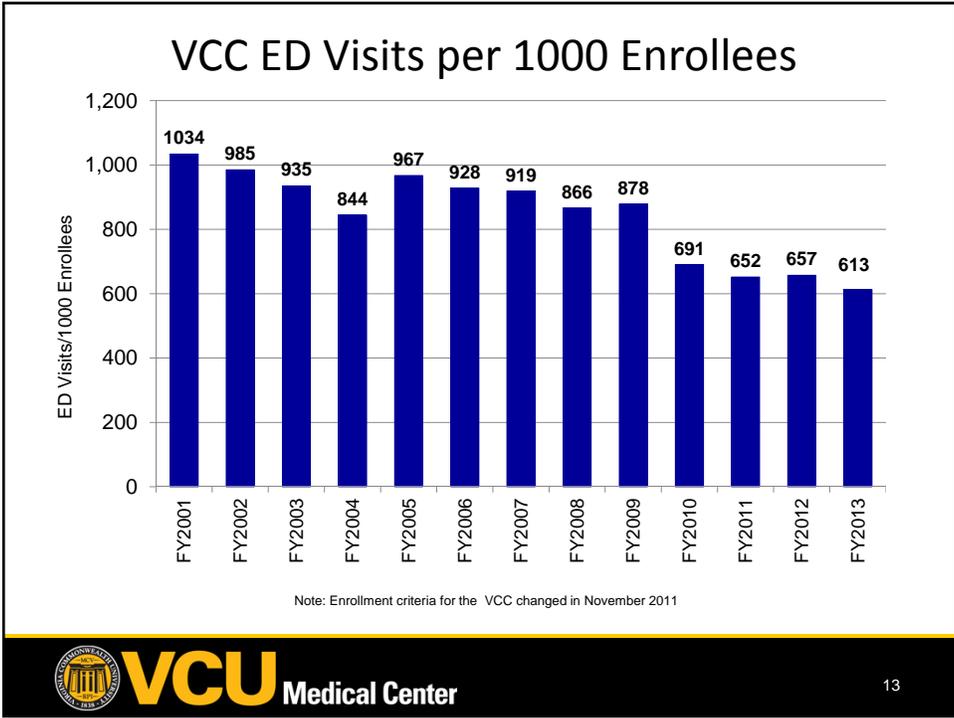
VCC Enrollment Trends



*Cumulative Enrollees are accumulated throughout the Fiscal year;



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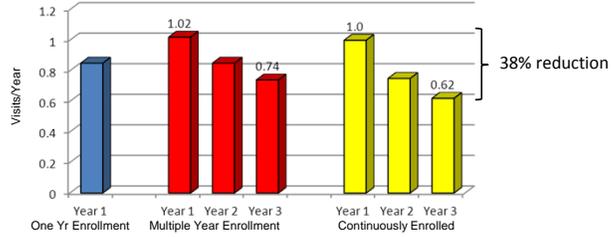


Continuous Enrollment Yields Positive Outcomes

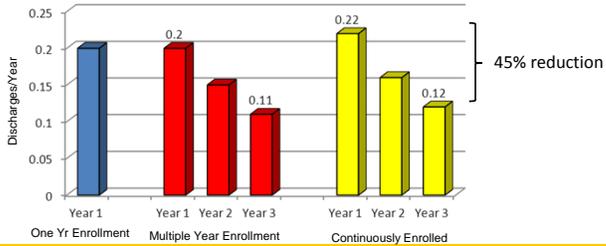


Bradley, C, Gandhi, S, Neumark, D, Garland, S, Retchin, S, Lessons For Coverage Expansion: A Virginia Primary Care Program For The Uninsured Reduced Utilization And Cut Costs, *Health Affairs* 31, No. 2 (2012): 355

Emergency Department Visits

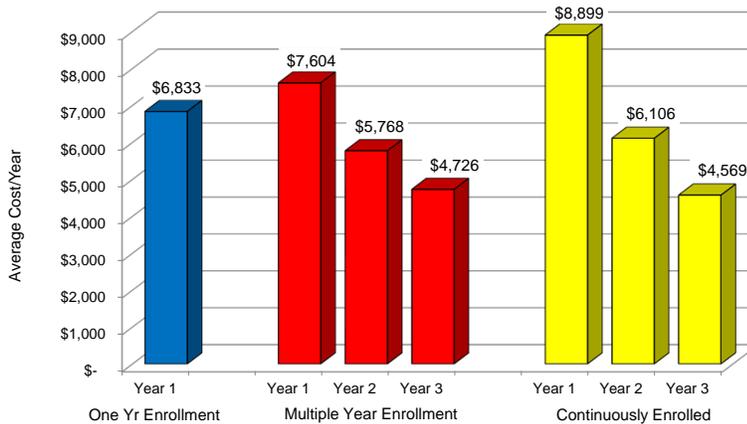


Inpatient Hospitalizations



Reductions in costs were also achieved

VCC Population Average Cost/Year (2000 - 2007)



Bradley, C, Gandhi, S, Neumark, D, Garland, S, Retchin, S, Lessons For Coverage Expansion: A Virginia Primary Care Program For The Uninsured Reduced Utilization And Cut Costs, *Health Affairs* 31, No. 2 (2012): 350-359

Virginia Coordinated Care for the Uninsured

- Provides “medical homes” to over 23,000 patients who qualify for VCU Health System’s Indigent Care program (below 200% FPL)
- Has reduced costs and utilization for an uninsured population
- Partnered with 50 community-based physicians to improve access and quality of care
- Recognized as a model for managing care for uninsured patients



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Lessons learned that may inform coverage programs for the uninsured in the future

- Managing care for the uninsured can reduce costs and inappropriate use of services; but it takes time
- Incorporating care coordination into a model of care is critical to assist patients and providers
- Adequate reimbursement rates are needed to sustain a comprehensive provider network
- Patient-centered interventions that address the unique needs of patients improve outcomes
 - Access to behavioral health services
 - Health literacy initiatives (ie, education regarding when to use the ED)
 - Address social determinants of health (ie, transportation, etc.)
 - Risk stratification strategies to support “right care, right place, and right time”



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